



Coalition Meeting Agenda
 December 12th, 2018 9:30-11:00 AM
 SKHS, Hazard Bldg.

TOPIC	DISCUSSION	ACTION
Introductions	Diane Barzaghi made a motion to accept minutes; Kelsey Trubia approved	
Business: <ul style="list-style-type: none"> • QPR Training 	MK and Dr. Rob Harrison trained the group in QPR (Question, Persuade, Refer). Training utilized mental illness and suicide statistics relevant to the South County area and taught participants how to be “gatekeepers,” helping to aid anyone they know who is thinking of taking his/her life	
Law Enforcement Report	No report out	
School Bldg. Reports <ul style="list-style-type: none"> • SKHS • CCMS • BRMS • URI • Compass 	<p>SKHS</p> <p>Stress Relief Parent Night</p> <ul style="list-style-type: none"> • Held on 12/6 and a huge success. • Reached max amount of sign ups (20) and attendees were VERY positive about their experience. • MK, Melissa, and Katie MacKrell taught about mindfulness, learned some meditations and talked about true self care, while SKHS health teacher Stacie Zamperini taught yoga poses designed to relieve stress and anxiety • Attendees filled out a pre and post survey so we could track what they learned. Based on the surveys and parent feedback, participants learned a lot and are eager for more events like this in the future <p>Cam Awesome</p> <ul style="list-style-type: none"> • Speaker brought in by SKPP on 12/10 • Cam is an accomplished heavyweight boxer who 	<ul style="list-style-type: none"> • Connect Cam with Broad Rock and Curtis Corner to speak there in the spring • Plan senior center drug take back event



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	<p>spoke to the students about failure, resiliency, hard work, and making good decisions</p> <ul style="list-style-type: none"> • Student feedback was very positive <p>Senior Center Drug Take Back Day</p> <ul style="list-style-type: none"> • SKPP is currently planning a drug take back day for seniors where they can dispose of unused medication and receive Timer Caps to help manage their prescription medications • Will have more updates at January's meeting 	
South County Regional Coalition Report	No report out	
RIPL	No report out	
Committee Work Groups Report Out	No report out	
Open Discussion	None	

Present: Abigail Hedglen, Diane Barzaghi, Caroline Parente, Erica Estus, Melissa Mowry, Kelsey Trubia, MK Whitten, Ellie Beck, Sarah Ilgenfritz, Tammy McNeiece, Kathleen Egan, Maggie Rodgers, Natalie Kimmerlein, Sophie Witthoef, Lauren Hubert, Carrie Brown, Sharon Martinez, Ron Renzi, Rob Harrison

Absent: Aimee Reiner, Amanda Mather, Capt. Joel Ewing-Chow, Carol Derita Moniz, Christi Saurette, Christine Fish, Dave Melucci, David Neill, David Patrone, Ellen Laplante, Eric Pierce, Green Line Apothecary, Joan Jackson, Jon Kimpton, Lindsay Madom, Lisa Kennedy, Karen Murphy, Keith McNamar, Kelley Ryan, Martha Barbera, Maureen Tissiere, Meghan Underhill, Patricia Aull, School Committee Rep, Shahnee Lagor, SKHS Faculty, Sophia Arnone, Town Council Rep, Town Council Rep, Lauren Weinstock, Kathy Conlon, Karen Beutens, Katelyn Burton, Stephanie Canter, Celeste Corcoran, Sarah Cruz, Emily Davidson, Katie MacKrell, Heidi Driscoll

Meeting adjourned: 10:53 AM

Next meeting: January 9, 2019