

# South Kingstown Partnership for Prevention

## Meeting Minutes



<b>Program/Area:</b>	<i>Coalition November Meeting</i>
<b>Meeting Purpose:</b>	<i>Review and Plan</i>
<b>Meeting Date:</b>	<i>12.12.2016</i>
<b>Meeting Time:</b>	<i>4:30 pm</i>
<b>Meeting Location:</b>	<i>New Life Assembly, 251 Post Rd. Wakefield</i>
<b>Meeting Facilitator:</b>	<i>Heidi Driscoll</i>
<b>Invitees/Attendees:</b>	Erin Pierce, Maureen Tissiere, Tammy McNeiece, Natalie Kimmerlein, Maggie Rodgers, Carol Pilkington, Carol Durita Moniz, Erica Estus, Alyssa Capuano, Paul Florin, Sally Genest, Celeste Corcoran, Joan Jackson, Callie Jackson, Lisa Kennedy, Shahnee, Bryant DaCruz, Natalie Kimmerlein, Shahnee Lager  <b>Not in Attendance:</b> Aimee Reiner, Amanda Mather, Christine Fish, Capt. Joel Ewing-Chow, Christi Saurette, Christi Saurette, Dave Melucci, David Neill, David Patrone, Elizabeth Gledhill, Hailey Benoit, Joan Jackson, Joe Viele, Jon Kimpton, Katie MacKrell, Kaitlin Hitchings, Karen Murphy, Keith McNamar, Patricia Aull, Perry Rasso, Rachel Clough, Robert Mezzanotte, Sara Palombo, Sydney Pellagrino, Theresa Benoit, Meg Healy, Martha Barbera, Kathleen Egan, Scott Mueller, Sylvia Bogusz
<b>Minutes Issued By:</b>	<i>MK Whitten</i>

<b>Next Steps:</b> (Task, Assigned to, Checkpoint Date)	<b>Who?</b>	<b>Due Date</b>
Work Groups Sustainability- Recruitment and generation of funds-event to boost recruitment, retreat?	All	
Implementation- policy, education and media- youth sponsored event, ex. Painting night, youth group event at YMCA	All	

<b>Decisions Made:</b> (What, Why, Impacts)

<b>Discussion:</b> (Items/Knowledge Shared)
<ul style="list-style-type: none"> <li>● Meeting called to order 4:32</li> <li>● Erin made a motion to approve minutes and Alyssa seconded the motion.</li> <li>● Introductions were made of staff and members</li> <li>● <b>Old Business-</b> <ol style="list-style-type: none"> <li>1. BRMS medicine safety day- Alyssa reported out regarding the medicine safety project in the 5<sup>th</sup> and 6<sup>th</sup> grade health classes. Alyssa created lesson plan with 4 activities, “what’s in the medicine cabinet,” “healthy ways to manage stress,” “expiration scavenger hunt,” and “candy vs. medicine.” A game board was sent home for families. There were 6 pharmacy student volunteers and Dr. Estus. Heidi reported great reviews from BRMS staff. We have 2 new pharmacy interns who will go into Kindergarten classes. We will also work to put on a program for entering college freshman on med safety and health services.</li> <li>2. Count it, Lock it, Drop it Campaign- Heidi and MK shared about advertising in all local papers, banner in police station. MK shared we will be working with Green Line Apothecary to provide lock boxes with informational inserts on medication safety for any opioid, scripts</li> </ol> </li> </ul>

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filled. Shared out that we will work to include other pharmacies in the future. Heidi shared press regarding Count It. Lock It. Drop It. press release.

### New Business

- **Law Enforcement Update-** None present
- **Youth Coalition/SMART Report Out-** Maggie & Natalie shared we selected 4 freshmen and 2 sophomores to attend CADCA National Leadership Conference in February. Shared out letter writing campaign where students were asked to write letters of gratitude to an adult that has made an influence on their lives. 100 students' letters will be mailed out this week. Shared that planning cookie contest at SKHS prior to holidays as a fun event for stress relief. Natalie and Maggie asked for judges to help Thursday the 22<sup>nd</sup> from 6:30-8:00PM.
- **School Building Report Out-**None present
- **Work Group Updates-** Maggie reported that the **Implementation** group was working on how to roll out events, especially the cookie party. Planned to make list of what will be needed for the cookie party. **Sustainability-** Dr. Corcoran reported working on ways to extend the community opioid forum for parents. Reported obstacle of getting parents to attend.
- **Open Discussion-** Heidi reported event in Lincoln Middle school called "in plain sight" took over classroom and set it up as a mock teenager's room. Discussed with Mary Beth Florenz (Dean at CCMS) possibility of setting similar event up during student led conferences in Feb. Plan to set up where only parents could come in and start discussing what their children "might" be getting into or curious about. We plan to provide resources as well. We hope this will be a good conversation starter for parents.
- MK shared out work with providing stress relief activities/resources for parents and elementary aged children. We provided Mindfulness books for all the elementary schools and mindfulness jars to all SKPP youth coalition. Spoke about new Tip of the Month providing elementary school parents with parenting/ stress relieving tips as focus of early prevention includes teaching children positive coping skills for stress and anxiety.
- Lisa Kennedy shared out kids' night out where parents can drop children off to enjoy a where children can utilize the YMCA under supervision, and parents can enjoy a night out. Lisa reported she is working on hosting an event for SKPP Youth Coalition at the YMCA.
- Paul gave kudos to youth coalition for targeting teaching coping skills and working on events to help with stress relief. Prevention without saying preventing drugs.
- Erica Estus reported students taking on mindfulness working with yoga and giving students relief from stress in school
- Heidi reported Moon study through Lifespan seeking participants for a focus group regarding prescription pain meds or opioids

### Work Groups meet 5:30-6:00

#### Miscellaneous Items:

- Next Meeting January 9<sup>th</sup>
- **Meetings for Year:** January 9, February 13, March 13, April 10, May 8, June date TBD \* All meetings 4:30, New Life Assembly, 251 Post Rd. Wakefield; 4:30-5:00 work group meetings, 5:00-6:00 Coalition meeting