

South Kingstown Partnership for Prevention

Meeting Minutes



Program/Area:	<i>Coalition January Meeting</i>
Meeting Purpose:	<i>Review and Plan</i>
Meeting Date:	<i>2-13-2017</i>
Meeting Time:	<i>4:30 pm</i>
Meeting Location:	<i>New Life Assembly, 251 Post Rd. Wakefield</i>
Meeting Facilitator:	<i>Heidi Driscoll</i>
Invitees/Attendees:	<p>Capt. Joel Ewing-Chow, MK Whitten, Carol Durita Moniz, Erica Estus, Keith McNamar, Paul Florin, Celeste Corcoran, Jon Kimpton, Katie MacKrell, Shahnee Lager, Ana Bess Moyer, Shivali Finkelstein., Christine Fish, Robert Rocchio, Rachel Carley, Sophia Arnone, Abigail Hedglen, Caroline Parente</p> <p>Not in Attendance: Aimee Reiner, Amanda Mather, Christi Saurette, Christi Saurette, Dave Melucci, David Neill, David Patrone, Town Council Rep, Erin Pierce, Elizabeth Gledhill, Hailey Benoit, Joan Jackson, Joe Viele, Katie MacKrell, Natalie Kimmerlein, Maggie Rodgers Kaitlin Hitchings, Karen Murphy, Lisa Kennedy, Patricia Aull, Perry Rasso, Maureen Tissiere, Rachel Clough, Robert Mezzanotte, Sara Palombo, Sydney Pellagrino, Sally Genest, Theresa Benoit, Meg Healy, Martha Barbera, Kathleen Egan, Scott Mueller, Sylvia Bogusz, Joan Jackson, Callie Jackson, Tammy McNeiece</p>
Minutes Issued By:	<i>MK Whitten</i>

Next Steps: (Task, Assigned to, Checkpoint Date)	Who?	Due Date
Plan a community forum with Joe Lindbick to educate on Marijuana ordinances/effects of recreational marijuana legalization	Heidi and MK	
Reach out to URI Student Health Services re cough medicine and F/U discussion with Capt. Chow regarding ordinances in town Connect pharmacy interns and COASST for 8 th grade curriculum	Heidi and MK	

Decisions Made: (What, Why, Impacts)

Discussion: (Items/Knowledge Shared)
<ul style="list-style-type: none"> Meeting called to order at 4:36 Keith made a motion to approve minutes and Capt. Ewing seconded the motion. Introductions were made of staff and members <p>New Business</p> <ul style="list-style-type: none"> COAAST- Guest speaker- Ana shared she is a drama therapist using theater and performing arts techniques with psychotherapy and now moved more towards performance art. Wrote play 4 Legs to Stand on with community stories to create characters. Play is therapeutic and used as a prevention tool. Reflects on experiences with opioid epidemic. Performed over MA and RI. Currently putting together supplementary curriculum for middle school (8th grade) around medication abuse, coping skills, and is project based with idea for performance by students at the end for parents. Heidi introduced the pharmacy interns as possibly collaborators. Ana Bess plans to run this as a pilot study for curriculum. CADCA report – Sophia, Abigail, and Caroline shared out about their attendance of the CADCA National Youth Leadership Forum. Caroline shared what they learned. Abigail shared about experience meeting congressmen and being able to voice their opinions. Sophia expressed she had a good experience to share about

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our community with Senators Whitehouse and Reed, and Rep. Langevin. Heidi and MK shared that the girls were extremely articulate and represented us well.

- **Law Enforcement Update-** Local and state. Capt. Ewing-Chow shared this is usually quiet time. No opioid overdoses or calls this month. 2 individuals today found with new vape oils, legal substances with narcotic analgesic effects (Cosmic Fog brand called The Lost Fog neon cream flavor). Heidi shared trend of putting vape oil on the coils and heating product up even more to create bigger plume of smoke. Heidi shared that Joe Lindbick Asst. Attorney General has presentation she provides to town councils in the state as the bill has been delivered to the House for marijuana legalization this term. The AG office goes to each town to give overview of what state looks like with decriminalization and legalized medical marijuana. Erica shared was interesting to hear about effects on youth in Washington and other states where marijuana is legalized, there are more establishments that sell marijuana than there are pharmacies. Capt. Ewing expressed concern legalized recreational use would have on URI students. Shahnee shared the synthetic drugs being seen in hospital setting are difficult to treat, homegrown substances are dangerous, and there is no quality control. Heidi shared resources called SAM (smart approaches to marijuana) an organization created by Kevin Sebet and Patrick Kennedy which helps prevention groups in states facing legalization. Prevention organizations are paid by federal dollars have to ensure what is said is educational and does not look as if are lobbying. SAM just hired a lobbyist to help our cause. Plan to place adds educating parents/community members on the effects of legalization. Paul asked about preemption stopping ordinances from going against the law. Celeste shared zoning laws independent of state law. Discussed appropriate means of spreading information/education. Plan to hold a broader community forum with Joe to educate and make up handouts to distribute.
- **Youth Coalition/SMART Report Out-** Caroline shared coalition working on PSAs getting info out in manner that would appeal to youth. PSAs with peer to peer means. Targeted to peer group. Sophia shared topic of binge drinking and how friends leave drunk friends to “sleep it off” and then friend dying. What would happen if you called your parents vs leaving friend? Abigail shared PSA about how students’ normal is now to be stressed, and what stress does to your body. Caroline shared plan to restructure into smaller groups of events, policy, and social media. Heidi shared from Martha at CCMS, SMART having David Neill coming in with 2 presentations to 7th and 8th grade to kick off social norms campaign, “pick your no’s” with refusal skills. SMART kids came up with refusal skills. Hidden in Plain sight cancelled due to weather.
- **School Building Report Out-** Shivali shared that they invited all HS teachers to join event called Project Respect, 100 students and 20 adults, addressing drug issues and violence in a discreet way. Adults model how they overcame obstacles in their lives and offer a place to allow students to speak in safe manner. Was scheduled at Pilgrim HS and in works to be rescheduled for 3/1. 7 SKHS teachers will go and try to bring back to the high school to address these issues Katie shared this is modeled after Challenge day. Katie shared feedback very positive and a powerful turning point for students. We participated in National Drug & Alcohol Facts week, mentors worked with freshman advisories for Above The Influence posters, and youth coalition members made fact posters which have been up for 2 weeks. We had a contest for National Drug & Alcohol Facts week with a quiz and an advisory won a breakfast. Plan to take quiz here in March. Katie shared this week is National Children of Alcoholic week, and she will be doing presentations in 5 classes. ¼ children grows up in a home where alcoholism or addiction is an issue. Youth Coalition hosting paint night this coming Friday. SKHS art teacher Anne Bianci guiding the painting and students will make mock tails. We have plans activity to make glitter jars and aromatherapy jars (stress management tools) in March. MK shared out about Mindfulness and stress relief kits she plans to distribute in Matunuck Elem and creating a relaxation corner in the high school. Heidi shared hearing a lot about vaping and e-cigs in the HS and asked for ideas. Robby shared in NK Codeine and promethazine (Lean) are mixed with soda and abused by students. Celeste stressed the importance of Count it. Lock it. Drop It campaign. If people dispose of unused cough meds; these wouldn’t make it to the children. Rachel shared campus health services at URI giving out 60 ml samples premixed to give to college students at student health.

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Celeste expressed surprise that this medication is still being given out. We will look into URI health services to see if better alternatives to give out. Students shared that they have not been taught about vaping in health class. Shivali shared there are faculty reports of students vaping. Shivali shared procedure teachers follow if it is suspected a student is using and Katie shared her referral process for education and counseling. Katie shared impression of a coolness factor of vaping and contest to make best plume. Students shared plans for Snapchat facts campaign for vaping. Shahnee shared out impact visual PSAs and scare factors can have on youth. Celeste mentioned PSA contest from Katie DeCubellis foundation PSA contest and youth coalition plans to submit to RISAS PSA contest.

- **Work Group Updates- Implementation Group Sustainability-** skipped work groups in order to continue the group discussion.
- **Open Discussion-** Heidi and MK shared Count It. Lock It. Drop It. campaign and window clings and letters sent out to community through Chamber of Commerce organization. Group continued general discussion regarding educating youth and community about hazards of vaping and brainstormed means to address this in the schools and community.

Work Groups meet 5:30-6:00- Groups did not meet in order to allow for further open discussion
Celeste called to close the meeting and Carol seconded it.

Miscellaneous Items:

- Next Meeting March 13th **Meetings for Year:** March 13, April 10, May 8, June date TBD *
- All meetings 4:30, New Life Assembly, 251 Post Rd. Wakefield; 4:30-5:00 work group meetings, 5:00-6:00 Coalition meeting